



Dear parents and carers,

Our school is using the Talking Points schemes of work to deliver the government guidance on Health and Relationships education. It uses picture books as a starting point to get children talking about their own health and mental wellbeing as well as addressing other issues such as managing money and understanding democracy. Its aim is to develop children's understanding of themselves, their emotions and how to deal with others. It also teaches children how to stay safe in many situations and who to speak to if they are ever worried or concerned.

Each two-week Talking Point unit has a question attached and they are listed below with the book that the children will read as a starting point.

|    | Talking Point Question                | Book                               | Author                |
|----|---------------------------------------|------------------------------------|-----------------------|
| 1  | Why should I exercise?                | Get up and go                      | Nancy Carlson         |
| 2  | What if I don't like vegetables?      | I will not never ever eat a tomato | Lauren Child          |
| 3  | Are medicines always good?            | Dr Molly's medicine Case           | Miriam Moss           |
| 4  | Can I stop myself getting ill?        | Do not lick this book              | Ioan Ben-Barak        |
| 5  | What does angry feel like?            | In my heart                        | Jo Witek              |
| 6  | How do I make you feel?               | The selfish crocodile              | Faustin Charles       |
| 7  | Is it right or wrong?                 | When a dragon comes to stay        | Caryl Hart            |
| 8  | How can I compromise?                 | The steves                         | Morag Hood            |
| 9  | What are rights and responsibilities? | We are all born free               | Amnesty International |
| 10 | How do I contribute?                  | Farmer Duck                        | Martin Waddell        |
| 11 | How can I save our planet?            | Here we are                        | Oliver Jeffers        |
| 12 | Where could my money come from?       | My rows and piles of coins         | Tololwa M. Mollel     |
| 13 | Do I know my body?                    | Me and my amazing body             | Joan Sweeney          |
| 14 | What does private really mean?        | My body, what I say goes           | Jayneen Sanders       |
| 15 | Who can I trust?                      | Never talk to strangers            | Irma Joyce            |
| 16 | Should I keep a secret?               | Ruby's worry                       | Tom Percival          |
| 17 | Am I safe online?                     | Webster's email                    | Hannah Whalley        |
| 18 | What should I aim for?                | The dinosaur department store      | Lily Murray           |

A parent's and carer's information session is being held for Year 2 on \_\_\_\_\_ at \_\_\_\_\_. This will explain the scheme of work in a little more detail and allow for any questions that you may have, to be answered.

Thank you for your continued support