



Dear parents and carers,

Our school is using the Talking Points schemes of work to deliver the government guidance on Health and Relationships education. It uses picture books as a starting point to get children talking about their own health and mental wellbeing as well as addressing other issues such as managing money and understanding democracy. Its aim is to develop children's understanding of themselves, their emotions and how to deal with others. It also teaches children how to stay safe in many situations and who to speak to if they are ever worried or concerned.

Each two-week Talking Point unit has a question attached and they are listed below with the book that the children will read as a starting point.

	Talking Point Question	Book	Author
1	Who is in my family?	Love is a family	Roma Downey
2	Who are my important people?	Under the love umbrella	Davina Bell
3	What makes a person?	Whoever you are	Mem Fox
4	What makes me happy?	Augustus and his smile	Catherine Raynor
5	What does sad feel like?	My yellow balloon	Tiffany Papageorge
6	Why do we have rules?	Bella's rules	Elissa Haden Guest
7	Is it kind or unkind?	Thank you Omu	Oge Mora
8	Is teasing ever okay?	Tease Monster	Julia Cook
9	What should I do if I don't like it?	No means no	Jayneen Sanders
10	What does worry feel like?	The huge bag of worries	Virginia Ironside
11	How do I keep safe?	No dragons for tea	Jean E Pendzewol
12	What should I do in an emergency?	George's dragon at the firestation	Claire Freedman and Russell Julian
13	When should I wash my hands?	I don't want to wash my hands	Tony Ross
14	Why are teeth important?	The tooth book	Dr Seuss
15	What should I do with money?	A chair for my mother	Vera B Williams
16	What did I need as a baby?	The baby's catalogue	Janet and Allen Ahlberg
17	How can I be more grown up?	Peter's chair	Ezra Jack Keats
18	Do I have to be the best?	Giraffes can't dance	Giles Andreau